

## July 2011 Family Support Options Update

### **Special Services at Home (SSAH):**

The Ministry of Community and Social Services has advised Trellis that all funding for the adult portion of the SSAH Program will be transferred to Developmental Services Ontario (DSO) Central West Region, effective April 1, 2012. This will allow adult clients and their families access to all developmental services and resources, including SSAH funds, through one access point. If you have questions, please contact Developmental Services Ontario at 519-741-1121 extension 2230 or 1-888-941-1121. The Developmental Services Ontario website is [www.dsontario.ca](http://www.dsontario.ca). Updates regarding service delivery will be available at this website. A recent "Question and Answer" document is available on the Trellis Mental Health and Developmental Services website at [www.trellis.on.ca](http://www.trellis.on.ca). If you do not have access to the internet please contact your Coordinator for a hard copy.

### **SSAH Applications for April 2012**

Coordinators will be connecting with families who have a child, to discuss the SSAH re-application process. The Ministry will provide direction for the completion of the SSAH reapplication for the adult client, and those clients turning 18 years as of March 31, 2012 prior to the transfer of service for April 1, 2012.

### **Updated Family/Client information:**

Please advise your coordinator:

1. Of any changes to your address, phone number.
2. If a new psychological/medical assessment has been completed.
3. If you no longer wish to receive: SSAH, Respite or Seasonal Supports funding.
4. If you would like your name removed from our mailing list.

### **Community Resources:**

<http://accessinformation.ca> has information about resources in the community

### **Invoice Submission:**

Please submit outstanding invoices for reimbursement on a regular basis. The Ministry does review use of SSAH funds in September. Invoices are available on Trellis' website.

[http://trellis.on.ca/en/ourprograms/Family\\_Information.asp](http://trellis.on.ca/en/ourprograms/Family_Information.asp)

### **Stress Management Course:**

Once again this fall 'Stress Management for Parents of Children with a Developmental Disability or Autism (child or adult child) will be offered at Trellis Mental Health & Developmental Services. This course focuses practical strategies for parents/caregivers to attend to their own well being.

The course will start in late September, dates and times to be determined. If interested please contact Christine Rickards, 519-821-8089 X 776.

Please contact your coordinator, if you require clarification, additional information or paper copies of any of the above.